

Smart Health Air Fryer VSLAF130

Introduction

The Smart Health Air Fryer provides an easy and healthy way of preparing your favorite foods by using hot rapid air circulation. Using our Advanced Smart Air Technology, our air fryer is able to make numerous dishes by heating food from all different directions giving thorough, even and delicious results without the excess oil!

General description (Fig.1)

- 1. Pan
- 2. Basket
- 3. Basket Handle
- 4. Basket Release Button
- 5. Power Indicator Light
- 6. Heating Up Indicator Light



(0-30min.) / Power On



- 8. Temperature Control Button
- 9. Handle
- 10. Air Inlet
- 11. Air Outlet Openings
- 12. Main Cord

Important

Read the user manual carefully before use and save for future reference.

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Danger

- Do not immerse the housing in water or rinse in the sink due to the multiple electrical and heating components.
- Avoid allowing any liquid to get into the appliance to prevent electric shock or short-circuiting the appliance.
- Keep all ingredients in the basket to prevent any contact with the heating elements.
- Do not cover the air inlet or the air outlet when the appliance is turned on.
- Do not fill the pan with oil as it may cause a fire.
- Do not touch the inside of the appliance while it is operating.

Warning

- Check that the voltage indicated on the appliance corresponds to the local voltage before you connect the appliance.
- Do not use the appliance if there is any damage to the plug, main cord or other parts.
- Contact the manufacturer if you find that there is any damage to the cord or anywhere else on the product before having it repaired by an unauthorized person or service center. Unauthorized repairs will void the product warranty.
- Keep the appliance and the cord out of the reach of children
- Keep the cord away from hot surfaces.
- Do not plug the appliance in or operate the control panel with wet hands.
- Make sure that the appliance is plugged into a wall socket. Always make sure that
 the plug is inserted into the wall socket properly.
- Do not connect appliance to an external timer switch.
- Do not place the appliance on or near combustible materials such as a tablecloth or curtain.
- Do not place the appliance against a wall or another appliance. Leave at least 4 inches of free space on the back and sides and 4 inches free space above the appliance.
- Do not place anything on top of the appliance.
- Do not leave the appliance unattended while operating.
- During hot air frying, hot steam is released through the air outlet openings. Keep hands and face at a safe distance from the steam and air outlet openings. Also, be careful of hot steam and air when you remove the pan from the appliance. Any accessible surfaces may become hot during use. (Fig.2)
- It is suggested to wear heat resistant gloves when air fryer is in operation due to hot surfaces
- Immediately unplug the appliance if you see dark smoke coming out of the appliance.
- Wait for the smoke emission to stop and the appliance to cool before you remove the pan from the appliance.

Caution

- Ensure that the appliance is placed on a horizontal, even and stable surface.
- This appliance is designed for household use only. It may not be suitable to be used safely in commercial environments. The warranty is void if the appliance is used for professional or semi-professional purposes, or it is not used according to the instruction manual.
- Never use the appliance if the plug is damaged.
- The appliance needs approximately 30 minutes to cool down before handling or cleaning safely.

Automatic switch-off

The appliance has a built-in timer that will automatically shut down the appliance when the countdown reaches zero. You can manually switch off the appliance by turning down the timer button.

Electromagnetic fields (EMF)

The appliance complies with all standards regarding Electro-Magnetic fields (EMF). Under proper handling there is no harm for the human body based on available scientific evidence.

Before First Use

- 1. Remove all packaging materials and stickers or labels.
- 2. Clean the basket and pan with hot water, with some washing liquid and a non-abrasive sponge. These parts are safe to be cleaned in dishwasher.
- 3. Wipe inside and outside of the appliance with a clean cloth. Do NOT fill the pan with oil or frying fat as the appliance works on hot air.

Using the Appliance

1. Place the appliance on a stable, horizontal and even surface.

Do not place the appliance on NON-heat-resistant surface.

2. Put the basket in the pan. (fig. 5)

Do not fill the pan with oil or any other liquid.

3. Preheat the appliance for 3 minutes when it is cold or until it reaches desired temperature. After warming-up, carefully pull the pan out of the air fryer. (fig.4)

Caution: The appliance will stop heating when pan is pulled out, the air blower will stop blowing in 5 seconds.

4. Place the ingredients in the basket, and then put the basket into the appliance. (fig. 5) **Never use the pan without the basket in it.**

Caution: Do not touch the pan during and for a short-time after use as it gets very hot. Only hold the pan by the handle.

- 5. Select proper time and temperature for the ingredients. See section 'settings' in this chapter to determine the right temperature. (fig. 6)
- 6. To switch on the appliance turn the timer button to the required preparation time and the timer begins to run (fig.7) Add 3 minutes to preparation time if the appliance is cold
- 7. The Power On light and Heating light will go on once timer is set. (fig.8)

 During the Air Frying process, the Heating light will turn on and off from time to time. This indicates that the heating element is switched on and off to maintain the set temperature.
- 8. Oil from the ingredients will gather in the bottom of the pan.
- 9. Some ingredients require shaking halfway through the preparation time (see section 'settings' in this chapter). If directions require shaking the ingredients, pull the pan out of the appliance by the handle and shake it. Then slide the pan back into the air fryer. (Fig. 8)

Caution: Do not press the button of the handle during shaking (fig. 9)

Tip: You can remove the basket from the pan and shake the basket only to reduce the weight. To do this, pull the pan out of the appliance, place it on a heat-resistant holder and press the button of the handle. (Fig. 10)

- 10. When you hear the timer ding, the set preparation time has elapsed. Pull the pan out of the appliance and place it on a heat-resistant holder.
- 11. Check to see if the ingredients are ready. If the ingredients are not ready yet, simply slide the pan back into the appliance, reset the timer control button to adjust time setting and start the appliance.
- 12. To remove ingredients, press the basket release button and lift the basket out of the pan (fig.10) **Note:** Do not turn the pan over, the oil collected on the bottom of the pan will leak onto the ingredients.
- 13. Empty the basket into a bowl or onto a plate. (fig.12) **Tip**: To remove large or fragile ingredients, lift the ingredients out of the basket with a pair of tongs.
- 14. When a batch of ingredients is ready, the air fryer is instantly ready to cook again.

Air Frying Tips

- Cooking with fewer ingredients usually requires a slightly shorter preparation time than having more ingredients.
- Shaking smaller ingredients halfway during the preparation time optimizes the end result and can help prevent unevenly fried ingredients.
- You may wish to add some oil to fresh potatoes and fry your ingredients for another few minutes then for a more crispy result.
- Do not prepare overly greasy ingredients (sausage, etc.) in the air fryer.
- Most snacks that can be prepared in an oven can also be prepared in the air fryer.
- The optimal amount of potato to prepare crispy fries is around 1 lb.
- Use pre-made dough to easily and quickly prepare snacks. Pre-made dough cooks quicker and requires a shorter preparation time than home-made dough.
- Place a baking tin or oven dish in the fryer basket if you want to bake a cake or quiche or if you want to fry more "fragile" ingredients or filled ingredients.
- You can also use the air fryer to simply heat or warm ingredients. To heat ingredients, set the temperature to 150°F for up to 10 minutes

A simple start...Making home-made French Fries

To make home-made fries, follow the steps below:

- Peel and slice the potatoes.
- Wash the potato wedges thoroughly and dry them with paper towels.
- Pour 1/2 tablespoon of olive oil in a bowl, put the wedges on top and mix until the wedges are coated with oil.
- Remove the wedges from the bowl so that excess oil stays behind in the bowl. Put the wedges in the basket.
- Fry the potatoes according to the guidelines shown in the table on the next page

There are literally 1,000s of recipes specifically made for air fryers online, search the internet and you can find a variety of very unique and healthy options for meals for years to come! On the following page you can see some guidelines to experiment on your own as well. These are just a quick look at some of the basics and to help you get started on your new Smarter & Healthier cooking!

Some Simple Cooking Settings & Guidelines

These settings are basic guidelines. As ingredients differ in origin, size, shape and brand, we cannot guarantee the best setting for your ingredients. Because the Smart Air technology reheats the air inside the appliance instantly, pulling the pan briefly out to shake the ingredients while frying barely disturbs the air frying process.

Ingredients	Ounces (Min-Max)	Time (Minutes)	Temperature	Shake Needed	Notes
Thin frozen fries	10-25	9-16	390	Υ	
Thick frozen fries	10-25	11-20	390	Υ	
Home-made potato wedges	10-28	18-22	355	Υ	Add 1/2 tbsp. of oil Add 1/2
Home-made potato cubes	10-26	12-18	355	Υ	tbsp. of oil
Rosti	9	15-18	355	Υ	
Potato gratin	18	15-18	390	Υ	
Steak	4-17	8-12	355		
Pork chops	4-17	10-14	355		
Hamburger	4-17	7-14	355		
Sausage roll	4-17	13-15	390		
Drumsticks	4-17	18-22	355		
Chicken breast	4-17	10-15	355		
Spring rolls	4-14	8-10	390	Υ	Use oven-ready
Frozen chicken nuggets	4-17	6-10	390	Υ	Use oven-ready
Frozen fish fingers	4-14	6-10	390		
Cheese snacks	4-14	8-10	355		Use oven-ready
Stuffed vegetables	4-15	10	320		
Cake	11	20-25	320		Use baking tin
Quiche	14	20-22	355		Use baking tin/oven dish
Muffins	11	15-18	390		Use baking tin
Sweet snacks	14	20	320		Use baking tin/oven dish

Cleaning

- Clean the appliance after every use.
- Do not clean the pan, basket and the inside of the appliance with metal kitchen utensils or abrasive cleaning materials, as this may damage the non-stick coating.
- Note: Remove the pan to let the fryer cool down more quickly.
- Wipe the outside of the appliance with a moist cloth.
- Clean the pan and basket with hot water, some liquid soap and a non-abrasive sponge. Note: The pan and basket are dishwasher safe.
- If dirt is stuck to the basket or the bottom of the pan, fill the pan with hot water with some liquid soap. Put the basket in the pan and let the pan and the basket soak for about 10 minutes.
- Clean the inside of the appliance with hot water and non-abrasive sponge.
- Clean the heating element with a cleaning brush to remove any food residue after the unit is completely cool to the touch.

Storage

Unplug the appliance and let it cool down thoroughly. Make sure all parts are clean and dry before you put your unit away to store.

Warranty and Service

If you have any questions or problems with your unit, please see the troubleshooting section on the next page or feel free to visit us at www.versonel.com.

Troubleshooting

Problem	Possible Cause(s)	Solution		
The Fryer does not work	The appliance is not plugged in or plus is loose	Make sure plug is firmly in wall socket		
	The timer has not been set	Turn the timer button to the required preparation time to switch on unit		
The ingredients are not fully cooked	Check amount of ingredients cooked at one time	Using smaller amounts of ingredients in the basket will fry foods more evenly		
The set temperature is		Adjust temperature control to recommended settings		
The ingredients are frying unevenly	Certain ingredients need to be shaken during frying process	Shake ingredients halfway through cooking time to make sure all parts cooked		
Fried snacks are not crispy	Some snacks can only be cooked in a traditional deep fryer	Use oven snacks or lightly brush some oil onto the snacks for a crispier result		
The pan is not sliding into unit properly	Basket is too full	Do not fill basket fryer beyond the MAXIMUM level indicator		
	The basket is not in totally	Push basket down till you hear a click		
White smoke emitting from unit while frying	Ingredients are more "greasy"	Greasier ingredients will produce larger amounts of oil which will leak into the pan. The oil produces white smoke and the pan may heat more than normal.		
	The pan still contains grease	Make sure to clean your fryer properly		
	residue from previous use	after each use.		
French fries fried	You did not use the correct	Use fresh potatoes and make sure they		
unevenly	potato type	stay firm before frying		
	Potatoes not rinsed properly	Rinse potato wedges properly to remove		
	before frying	starch from outside of wedge		
Fresh fries are not crispy	Crispiness will depend on the amount of oil and water in the fries	Make sure wedges are dried thoroughly before you add any oil		

Diagram of Smart Health Air Fryer

